

Course Details Wisdom of Mind

Extra Sensory Perception (ESP)

Extra Sensory Perception is also known as the sixth sense which is not being recognized by the usual five senses in our body. The ESP includes the phenomena of telepathy, clairvoyance, precognition of past, present and future that are not known to others. This phenomenon is being researched extensively since 19th century, and has resulted in a state of acceptance and non-acceptance from different quarters of scientists and normal people.

Extrasensory perception (ESP), perception that occurs independently of the known sensory processes. Usually included in this category of phenomena are telepathy, or thought transference between persons; clairvoyance, or supernormal awareness of objects or events not necessarily known to others; and precognition, or knowledge of the future. Scientific investigation of these and similar phenomena dates from the late 19th century, with most supporting evidence coming from experiments involving card guessing. Subjects attempt to guess correctly the symbols of cards hidden from their view under controlled conditions; a better-than-chance percentage of correct calls on a statistically significant number of trials is considered to be evidence of ESP. Although many scientists continue to doubt the existence of ESP, people who claim this ability are sometimes used by investigative teams searching for missing persons or things.

Benefits of EXTRA SENSORY PERCEPTION (ESP):

- It improves creativity and imagination.
- It enhances concentration and improves memory.
- It improves the absorption capability.
- Person can have better self-confidence with this training program.
- It leads to balancing of left and right brain.
- It improves emotional stability and manners
- It improves logical and analytical thinking
- Academic performance
- Noble character

<u>Duration</u>	<u>Details</u>	<u>Charges</u>
1 Month	2 Master sessions+ 2 follow-up sessions	5,000/-
3 Months	5 Master sessions+ 5 follow-up sessions	8,000/-
6 Months	8 Master sessions+ 8 follow-up sessions	12,000/-
12 Months	15 Master sessions+ 15 follow-up sessions	20,000/-

Brain waves scanning (Lifetime report)

We believe that every person is born with special talent that is just waiting to be engaged in a worthy pursuit. We all are here for some unique purpose and noble objective that will allow us to manifest our highest human potential while we at the same time; add value to the lives around us. So through our services we allow students to bring more of themselves into their studies and they can focus on the things they do best. Hence, we have made an effort to help schools, colleges, institutions and to become a helping hand for students to achieve their dream.

The technology helps students in gaining knowledge, guiding and preparing on the basis of their hidden talent to skillfully perform various activities with their respective brain functions. This technology is a breakthrough because of its results unlike the results of either aptitude or reliability tests or can neither be manipulated nor have emotional/cultural or environmental impact.

It also has high stability i.e. once in a lifetime, is analyzed through multiple intelligence factors itself and is based on:-

Neurobiology a branch of the life sciences that deals with the anatomy, physiology, and pathology of the nervous system.

Genetics Is a branch of biology concerned with the study of genes, genetic variation, and heredity in organisms.

Embryology Is the branch of biology that deals with the development of an embryo from the fertilization of the ovum to the fetus stage.

Cognition is the set of all mental abilities and processes related to knowledge attention, memory, problem solving, decision making, comprehension and production of language etc.

Benefits:-

- To sense the information.
- Assessment Brain lobes and their functions.
- Competitive strength of five lobes.
- Multiple Intelligence
- Quotients (IQ, EQ, CQ, AQ)
- Acquiring methods. Best learning style.
- Identify and develop ones core competencies.
- Personality and behavior.
- Best option for stream selection.
- Career options and best potency.
- Internal and external personality.
- Remedies of all above fields.

<u>Duration</u>	<u>Details</u>	<u>Charges</u>
One counselling	Personalized detailed report + 1 COUNSELLING	3,500/-
3 Counselling	Personalized detailed report + 3 COUNSELLING	5,000/-
3 Months	3 months handholding with family counselling	10,000/-
6 Months	6 months handholding with family counselling	18,000/-
12 Months	12 months handholding with family counselling	35,000/-

Intelligence Building Program for Students

At Wisdom of Mind with intelligence building program, our aim is for each and every child to become an independent, advanced learner, with a positive attitude to study. Student develop independent learning skills and increased self-confidence as they work out how to overcome challenges by themselves. Through our unique method, children are supported to reach an advanced level of study. By studying beyond the international standard for their age, children are best prepared to succeed in an increasingly global community. In addition to developing academic ability student improve the mind-set and skills for self-learning and get motivation towards succeed and achievement.

We have a desire to create a generation of confident, independent learners who take pride in their studies. Our approach to learning is therefore different to traditional methods of supplementary education. We develop children through the acquisition of independent learning skills, rather than teaching in the conventional sense. Every child is different, and so their method of study should be too. Our program enable students to progress to an advanced level, at their own pace, so they can realize their potential and experience success. IBP (intelligence building program) is learning for the long run: if you want your child to be best prepared to succeed both at school and beyond, study with IBP can make all the difference.

Learning is a complex cognitive process. IBP simplifies this process and creates a personalized learning workbook for each learner. Hence IBP workbook is as unique as each individual. Every individual will learn at their level and their pace, through the 5 important learning abilities or the operating methods which the individuals follow.

Cognition - the ability to assimilate new material or to recognize material that has been encountered before.

Reasoning - The ability to take new material or to recognize previously presented material.

Memory - the ability to recall previously cognized material. Good cognition does not mean good memory.

Convergent Production - the ability to arrive at a determinate answer from information given. This is used in problem solving.

Divergent Production - its ability to be creative.

Evaluation - the ability to make practical judgment or decisions. Evaluation is required in situations that involve incomplete information either ambiguity (gives us choices) or uncertainty (inability to read future). It deals primarily with the practical side of life.

Improves Core qualities: Pre and Post assessment will show remarkable changes in:-

- Reading speed
- Learning ability
- Memory retention
- Concentration

Duration	Details	Charges
One month	Alternate day session basic methods practice	3,000/-
3 months	Practice with advanced methods	8,000/-
6 Months	More practice with regular brain exercise	15,000/-
12 Months	More practice with regular brain exercise	25,000/-

Speed reading

Do you dread reading because you know it takes you forever just to get through a single page? If so, you're not alone. There are hundreds of people who put off reading a novel or even a business letter because they just don't feel like they can read fast enough.

There are several reasons why we read slowly. The main reason is the way that we were taught to read in the first place. This article will take you through the tools and exercises that you need to increase your reading rate in several ways and will help you reverse the effects of how you were taught to read in school. Plus, you will learn to read faster and remember everything that you have read. You will also learn what you need to read without having to read an entire book to get the main points.

You will not only learn to read quickly, but you will also learn to read smarter. Smart reading will teach you what you need to read and how to do it efficiently. Additionally, you will be able to recall the information you need from everything that you have read.

There are several benefits that you can gain by improving your reading speed. Whether you are a student or in a business position, you can easily benefit from improving your reading and comprehension skills.

Benefits to Speed Reading

There are several benefits to reading faster including:

- You can double or triple the amount that you read in the same time
- By reading faster, you are able to pay more attention to what is being discussed
- You will be able to better focus on your task at hand.
- Better comprehend what you read with greater depth and accuracy.
- As you increase your concentration, you'll gain a better understanding.
- Retain the information that you read better and longer.
- You can remember the information better because of improved concentration
- You will be able to retain that information more efficiently.
- Enjoy reading more because it won't take you as long to read a book anymore.
- Your reading confidence will increase and you'll find reading more enjoyable.
- There are several more benefits to learning to read faster as well.

<u>Duration</u>	<u>Details</u>	<u>Charges</u>
One month	Alternate day session for speed reading methods	2,000/-
3 months	Alternate day session for speed reading methods	5,000/-
6 Months	Alternate day session for speed reading methods	8,000/-
12 Months	Alternate day session for speed reading methods	15,000/-

Mid Brain activation

We use special brain activation techniques to activate the midbrain. This is 100% safe and in the long run, it has amazing benefits on the kid's performance. Consistent practice of Midbrain activation, when combined with proper nutrition, can do wonders to the kids' concentration levels- Neuroscientists strongly suggest. Since Midbrain activation has many other added benefits as well, it serves as a win- win for the kids as well as their parents.

Once the 'Midbrain' is activated, children will have easy access to both the left and right brain. They will be able to Learn, Read and memorize things in a much faster speed and thus boosting their confidence, interest and concentration in learning. Midbrain Activation helps in:

Benefits of mid brain activation

- Super IQ
- Bring out their hidden human possibilities
- Speed Learning
- Enhance well-balanced development of the body and mind
- Multiple Languages Mastery
- Superb Intuition
- Nurture sharp sensitivity
- Creative Talent
- Photographic memory
- Live on the principle of universal love and harmony
- Contribute to society with a sense of oneness
- Enhancement of calculation speed
- Enter into the 'Peak Learning State's
- May identify colors blindfolded.

<u>Duration</u>	<u>Details</u>	<u>Charges</u>
1 Month	2 Master sessions+ 2 follow-up sessions	5,000/-
3 Months	5 Master sessions+ 5 follow-up sessions	8,000/-
6 Months	8 Master sessions+ 8 follow-up sessions	12,000/-
12 Months	15 Master sessions+ 15 follow-up sessions	20,000/-

Photographic Memory

A photographic memory involves being able to recall images, names, words, and numbers with extreme precision. Having a strong memory relies on neuroplasticity of the brain, or the brain's ability to reorganize itself over time by breaking and forming new connections. As some fortunate people are already born with an extremely sharp memory, others struggle to remember what they ate for lunch the day before. To improve photographic memory there are sure things you can do to altogether enhance your capacity to review data. Photographic memory is a term regularly used to depict an individual who appears to be ready to review visual data in awesome point of interest. Generally as a photo solidifies a minute in time, the suggestion for individuals thought to have photographic memory is that they can take mental depictions and afterward review these previews without lapse. This preparation is loaded with imagination and planned in play way system with heaps of fun and pleasure. This has fundamental, medium, development level

Only a few fortunate people in the world are blessed with extreme memory power, where there are able to recall images, numbers, words with tremendous accuracy. It much depends on how the brain can connect and relate the memories to have long lasting impression. Photographic memory is all about retaining and recalling visual memory with great precision. The aim of this extensive course is to help students in bettering the way they deal with Photographic memory.

Photographic memory is a term often used to describe a person who seems able to recall visual information in great detail. Just as a photograph freezes a moment in time, the implication for people thought to have photographic memory is that they can take mental snapshots and then recall these snapshots without error.

The Advantages of the Course

the course will feature two days of complete training here the students will be taught with the ways of remembering visual memories with immense exactitude. This course intends to help kids in the way they retain their memories in the photo/visual format, with special focus on bettering the memory function. There are different levels –fundamental, medium, development, which will help the kids even further with their learning process. Students will also see improvement in the concentration power and the way they deal with day-to-day events and memories.

How Photogenic Memory Works

Photogenic memory works much differently. With photographic memory, the image of the object is preserved in short-term or long-term memory. The person who has a photographic memory can close their eyes and see the object in their mind's eye just as clearly as if they had taken a photograph, even days or weeks after they saw the object. This type of memory is very rare, and difficult to prove.

<u>Duration</u>	<u>Details</u>	<u>Charges</u>
3 Months	Practical methods and practice	8,000/-
8 Months	Practical methods and practice	20,000/-
15 Months	Practical methods and practice	40,000/-

Calligraphy / handwriting

You don't actually need any reasons to learn calligraphy besides "*because I want to*". But, for those who are searching for additional motivation to pick up a dip pen, this article happily exists. If you already enjoy creating calligraphy, you might find new ideas for how to apply your skills.

When I first picked up a dip pen, my reasons to learn calligraphy were as follows: first, I wanted to try something new. Second, I had just moved to Colorado, and I wanted to send my friends in my home state (Kansas) beautiful correspondence. Finally, I hoped to make a little bit of money on the side! Now, with several years of teaching calligraphy under my belt, I've found that people have all sorts of motivations for learning calligraphy. This article is a compilation of my seven favorites.

Reasons to Learn Calligraphy/ handwriting

- ✓ Mental Health
- ✓ Calligraphy Isn't Expensive
- ✓ You Can Save or Make Money
- ✓ Calligraphy Enhances Your Living Space
- ✓ Calligraphy Adds Beauty to Sketchbooks and Bullet Journals
- ✓ Calligraphy Can Show Affection
- ✓ Calligraphy Can Help You Stand Out

Benefit of handwriting

- ✓ Good handwriting skills lead to stronger academic performance.
- ✓ Using pen and paper boosts memory.
- ✓ Handwritten correspondence is more meaningful.
- ✓ Writing is part of our daily lives.
- ✓ Good handwriting helps kids focus.
- ✓ The value of handwriting goes beyond elementary school.

Calligraphy/ Handwriting improvement.

<u>Duration</u>	<u>Details</u>	<u>Charges</u>
3 Months	Alternate Days Classes	1500 x 3
12 months	Alternate Days Classes	1200 x 12

Mnemonics

Mnemonics help you to memorize and recall almost any information. Mnemonics is a memory enhancing instructional strategy that involves teaching students to link new information that is taught to information they already know.” Mnemonics provide a systematic approach for organizing and remembering facts that have no apparent link or connection of their own. It’s a technique that serves to facilitate storage, encoding, or recall of information in memory. It helps students/adults recall larger pieces of information, especially in the form of lists like characteristics, steps, stages, parts, phases, name, things, numbers, Periodic Table, Chemical Reactions, dates, etc. In 1967, from a study by Gerald R. Miller, it was witnessed that mnemonics increased recall. He found that students who regularly used mnemonic devices increased test scores up to 77%. Many types of mnemonics exist and which type works best is limited only by the imagination of each individual learner. The 9 basic types of mnemonics include Music, Name, Expression/Word, Model, Ode/Rhyme, Note Organization, Image, Connection, and Spelling Mnemonics.

MNEMONIC STRATEGIES

Long-term Memory • The storehouse of everything you know about the world and yourself. It is unlimited. Anything you have stored in long-term memory is available for later recall.

Short-term Memory • This is transient working memory. Those things you are paying attention to right now must first pass through this narrow channel. There are two major limitations.

- First, only a small amount of information can be held there. Second, the information can be held for only a short amount of time. It fades if we shift our attention to something else. It can’t hold anything more than 30 seconds and can store only 5 to 9 items.

Mnemonic Device • This is a strategy for organizing information with the only purpose of making it more memorable.

Mnemonic Techniques • Chunking • Imagery and mediation (method of loci, peg word system) • Phonemic and Orthographic chars. (word and number recall) • Phonemic cues and Imagery Mediation • Acrostic Sentences • Acronyms • Rhyming

Course Detail

<u>Duration</u>	<u>Details</u>	<u>Charges</u>
3 Months	Alternate days classes	5000/-
6 Months	Alternate days classes	9000/-
12 Months	Alternate days classes	15,000/-

VEDIC MATHS

Would you like your child to multiply within 30 seconds without calculator?

We are living in the age of enormous amount of competitions and Vedic Mathematics methods come to us as a blessing for all the competitions. Presently maths, is considered a scary subject which requires a toil in learning. But, on the contrary, with the help of Vedic Maths, this subject can be learnt and mastered with minimum efforts in a very short span of time. It can also be translated into a playful and a blissful subject with lots of fun.

In the Vedic system 'difficult' problems or huge sums can often be solved immediately by the Vedic method. These noticeable and striking methods are just a part of a complete system of mathematics which is far more systematic than the modern 'system. The simplicity of Vedic Mathematics means that calculations can be carried out mentally.

The several advantages of Vedic Maths are:

- It lessens the load of remembering large amount of information because it requires you to learn tables upto 9 only.
- When compared to conventional method, it enables faster calculations. Thus, a lot of time gets saved.
- Acts as a tool for reducing finger counting and written work.
- Plays a role in increasing concentration as well as improving confidence.
- Very simple, direct, totally unconventional, original and straight forward.
- Enables us to see links and continuity between different branches of maths and enriches our understanding of the subject.
- This system gives us a set of checking procedures for independent crosschecking of whatever we do.
- Easy to remember & apply.
- It keeps the mind alert and lively.
- Holistic development of the human brain takes place through Vedic Mathematics along with multidimensional thinking.
- Vedic Mathematics system also helps us in developing our spiritual part of personality.
- More and more use of Vedic math can without any doubts generate interest in a subject that is generally dreaded by children.
- Speed Maths classes makes math more interesting and fun.
- By making child perform some impossible calculations at Lightning speed
- By making mathematics, literally a child's play and help students enjoy mathematics
- By right mix for fun memory techniques, memory recall, application of formulae makes your child a super performer

<u>Duration</u>	<u>Details</u>	<u>Charges</u>
3 Months	Alternate Days Classes	5000/-
12 Months	Alternate days classes	15,000/-

Speed Writing

In the past people have learnt shorthand which is quite a useful skill in an Administration role, but it is less commonly required in jobs than in the past. Therefore, new techniques have been developed that are faster to learn.

One of these techniques is speed writing, which was developed by a Legal Secretary teacher at Souters Training in London. This aims to enable you to record words and details your shorter codes and has been proven time and time again to enable people to take accurate notes, minutes and other such tasks in a very fast, accurate and efficient manner.

The skill can be developed in a short one day course and it will improve over time as you practice it more. It focuses on the patterns that you see in the brain. When you read a word you often only recognize parts of the word and this method of speed writing aims to ensure that you can record information without getting all the relevant information.

The speed writing method is a great skill for a wide range of professions. It benefits Legal Secretaries who need to record information quickly in meetings and observations. PA, Executive Assistants and Secretaries all will require to record information from time to time, depending on how often they have to make notes or minutes at meetings. Anyone in Administration could also gain from this skill.

However, the variety of jobs that could benefit from the skills is far wider than this. It is also ideal for students who need to take notes extensively.

What are the benefits of the skill:

- Faster and more accurate note taking
- The ability to record large amounts of information at a much faster speed.
- Increases average reading speeds.
- Allows absorbing information much faster and increases overall comprehension.
- Increases knowledge in many fields of interests.
- Allows recalling information more effectively and promotes visualization.
- Delivers reading strategies to handle today's information overload.
- Encourages unlearning some bad reading habits from school.
- Organizes the reading process more effectively.
- Promotes concentration and decide faster what is worth to read and what's not.
- Allows reading more material in the same time.
- Open ups new job opportunities and can be a boost for any career.
- Improves time management and promotes more efficient writing style.
- Encourages to learn memory techniques; all applicable in daily life.
- Actively create your own future by learning new skills.

<u>Duration</u>	<u>Details</u>	<u>Charges</u>
1 Months	Alternate Days Classes	1500/-
3 Months	Alternate Days Classes	4000/-
9 Months	Alternate Days Classes	9000/-
12 Months	Alternate Days Classes	15,500/-

Overall personality and academic improvement.

Primary motive of student is to complete their homework and to improve their overall academic improvement. And our aim is for each and every child to become an independent, advanced learner, with a positive attitude to study. Student develop independent learning skills and increased self-confidence as they work out how to overcome challenges by themselves. Through our unique method, children are supported to reach an advanced level of study. By studying beyond the international standard for their age, children are best prepared to succeed in an increasingly global community. In addition to developing academic ability student improve the mind-set and skills for self-learning and get motivation towards succeed and achievement.

We have a desire to create a generation of confident, independent learners who take pride in their studies. Our approach to learning is therefore different to traditional methods of supplementary education. We develop children through the acquisition of independent learning skills, rather than teaching in the conventional sense. Every child is different, and so their method of study should be too. Our program enable students to progress to an advanced level, at their own pace, so they can realize their potential and experience success. OPAI (Overall personality and academic improvement) is learning for the long run: if you want your child to be best prepared to succeed both at school and beyond, study with IBP can make all the difference.

Monthly pre-scheduled activities will be there.

- ✓ Brain exercises
- ✓ Teamwork spirit
- ✓ Complete homework:
- ✓ Public speaking skills
- ✓ Emotional Balancing:
- ✓ Handwriting improvement
- ✓ Vocabulary enhancement
- ✓ Memory enhancement skills
- ✓ Logical reasoning enhancement
- ✓ It deals primarily with the practical side of life.

Improves Core qualities: Pre and Post assessment will show remarkable changes in:-

- Reading speed.
- Learning ability.
- Memory retention.
- Concentration and focus.
- Self-Confidence

<u>Duration</u>	<u>Details</u>	<u>Charges</u>
One month	5 days a week	5,000/-
6 Months	More practice with regular brain exercise	4,750/-x 6
12 Months	More practice with regular brain exercise	4,500/- x 12