

# "UNLOCKING POTENTIAL: EMPOWERING STUDENTS THROUGH MIND TRAINING"

A Proposal by  
Wisdom of Mind Institute



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# OUR APPROACHES

"The human brain possesses unparalleled power and untapped potential. Wisdom of Mind Institute is dedicated to revealing this hidden power, enhancing cognitive processing speed through targeted brain exercises and memory enhancement techniques. As a leading name in holistic brain development in India, we offer organizations a transformative opportunity to improve workforce skills and foster a positive, productive work environment.

Wisdom of Mind has successfully conducted training sessions for prestigious organizations across India, including **AIIMS Delhi, PGIMS Rohtak, Indian Medical Association, Indian Army, Indian Air force, NDRF, BSF, HAU, GJU, DU, DTU, IIT's**, Schools, colleges and educational institutes in all over India

Wisdom of Mind has established a strong nationwide presence through strategic Memorandums of Understanding (MoUs) and collaborative partnerships.



# INTRODUCTION

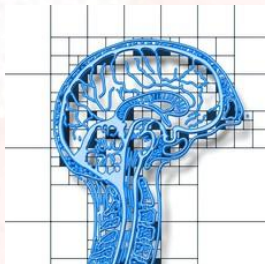
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## "THE POWER OF THE HUMAN MIND"



- A student life is filled with learning, memory and other cognitive activities which are inseparable from them
- As the competition level is rising, for better performance in academics, students become highly dependent on their capability of learning and memory
- Students face unprecedented pressure to excel academically, socially, and emotionally

### **Memory**



### **Focus**



### **Stress**



## **Our Mission**

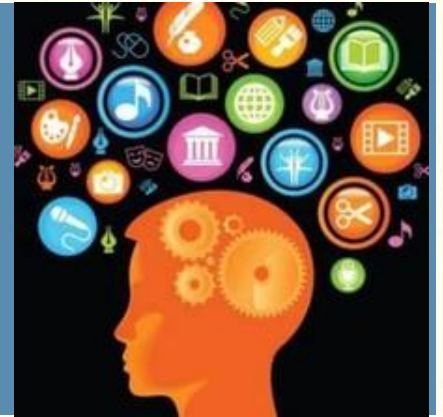
Enhance cognitive abilities, emotional resilience and holistic development

# OBJECTIVES

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1

**Enhance Cognitive Abilities:**  
Improve memory, focus  
and learning speed



**Foster Emotional Resilience:**  
Equip students to manage  
stress and anxiety

2



3

**Promote Holistic Development:**  
Adress academic, social &  
personal needs



**Empower Educators:**  
Train teachers to integrate  
mind-enhancing  
techniques

4





# CHALLENGES

## Challenges in Modern Education





# Who We Are

The Wisdom of Mind Institute is a leader in holistic brain development in India, dedicated to helping students unlock their full potential. We specialize in improving cognitive functions through our unique training programs that draw upon both ancient wisdom and modern scientific research to enhance cognitive abilities, promote emotional well-being, and foster holistic development. Our flagship offering is the Intelligence Building Program, which aims to enhance concentration and memorization abilities using scientifically backed methods.



Our Experience: Workshops for AIIMS, DRDO, IITs, and numerous schools across India.





# OUR MIND TRAINING PROGRAMS

- **Intelligence Building Program:**

Our specially designed Intelligence building program is very beneficial for those who want to outshine in their academic. It emphasizes on reading speed, memory retention, boost vocabulary, memory recognition and concentration. This focuses on enhancing cognitive functions through Brain exercises, memory techniques, mindfulness practices.



- **Memory Lab Initiative:**

Inspired by Stanford University, Memory Lab concept's aim is to create a dedicated space within schools, colleges, and institutions where students can actively explore and enhance their memory capabilities. This can be done through workshops, personalized learning, emotional support, Understanding of Memory Mechanisms, Brainwave Coherence, Enhancing Concentration etc.



- **Teacher Training Program:**

We believe that teachers are the foundation of a successful educational ecosystem. That why Wisdom of Mind Institute offers a comprehensive Teacher Training Program designed to train educators with a deep understanding of Neuro-education principles through different interactive teaching techniques so that their teaching methods enhance to create learning environment for all students, including those who may be struggling with low performance.

# "MEMORY LAB: UNLOCKING COGNITIVE POTENTIAL"

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In India, the concept of **Memory lab** is introduced by renowned **Brain Scientist Dr. Jeetender Kumar** with association of **Wisdom of Mind Foundation - Institute of Mindfulness and behavioral study**. This initiative is a keystone of the Wisdom of Mind Institute's approach to transforming education and empowering students. It provides a structured environment for students to learn, practice and apply various memory enhancement techniques, fostering cognitive growth and academic excellence.

Memory Lab focuses on understanding how memories are formed, retained, and recalled, as well as how these processes evolve with age.

Through memory lab, we employ an integrative approach, combining behavioral studies, assessments of academic growth, identification of individual strengths and learning receptivity, the cultivation of critical thinking skills, virtual reality environments, and computational modeling.

## Key Features:

- **Interactive workshops** designed to teach students memory enhancement techniques
- **Tailored learning plans** for each student as per their unique learning style and cognitive strength
- **Emotional support services** for managing stress, anxiety, and mental health challenges
- **Make resource availability** like books, software, and tools etc. for the memory assessments

## Benefits:

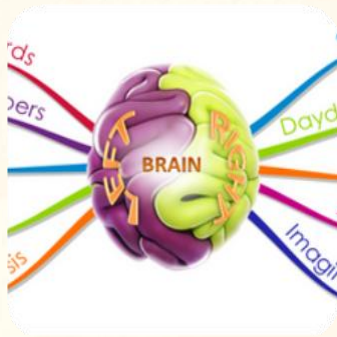
- Enhanced Memory Power
- Improved Concentration
- Reduction of Exam Phobia
- Sharper Thinking
- Effective Stress Management
- Improved Reading Speed
- Enhanced Memorization Skills
- Boosted Self-Esteem and Confidence
- Career Guidance and Academic Support
- Holistic Personal Development



# UNLOCKING STUDENT POTENTIAL: OUR TOOLKIT FOR MIND TRAINING

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## Brain Waves Scanning Test



(Identify hidden talents via  
brainwave analysis)

**Benefits:** Unlocking Inner Potential,  
Career guidance, Subject Expertise,  
Stream Selection, Optimal learning styles,  
personality insights, Habit Formation  
Patterns, Alpha Wave Relaxation

## Third Eye Activation



(Activate midbrain for  
intuition & higher cognition)

**Benefits:** Enhanced Concentration,  
Boosts focus, Enhance sensory awareness,  
Increased Creativity & Productivity,  
Logical and Analytical Thinking, Improved  
Intuition, Neuroplasticity and Cognitive  
Enhancement

## Intelligence Building Program



(Develop learning skills  
through unique methods)

**Benefits:** Faster learning, Speed  
Reading, Memory Retention, Problem-  
Solving and Decision-Making,  
Emotional Intelligence, Photographic  
Memory and Concentration,

## Mindfulness Training



(Promote holistic  
well-being)

**Benefits:** Better Physical Health,  
Reduces Stress, Enhances Focus,  
Emotional Resilience, Improved  
Relationships, Aura Cleansing and  
Strengthening

# TEACHER TRAINING PROGRAMS

## EMPOWERING EDUCATORS



### 1 Core Objectives

- ✓ Make teachers to understand the neuro-education principles.
- ✓ Equip educators with practical strategies
- ✓ Foster a positive and inclusive learning environment.

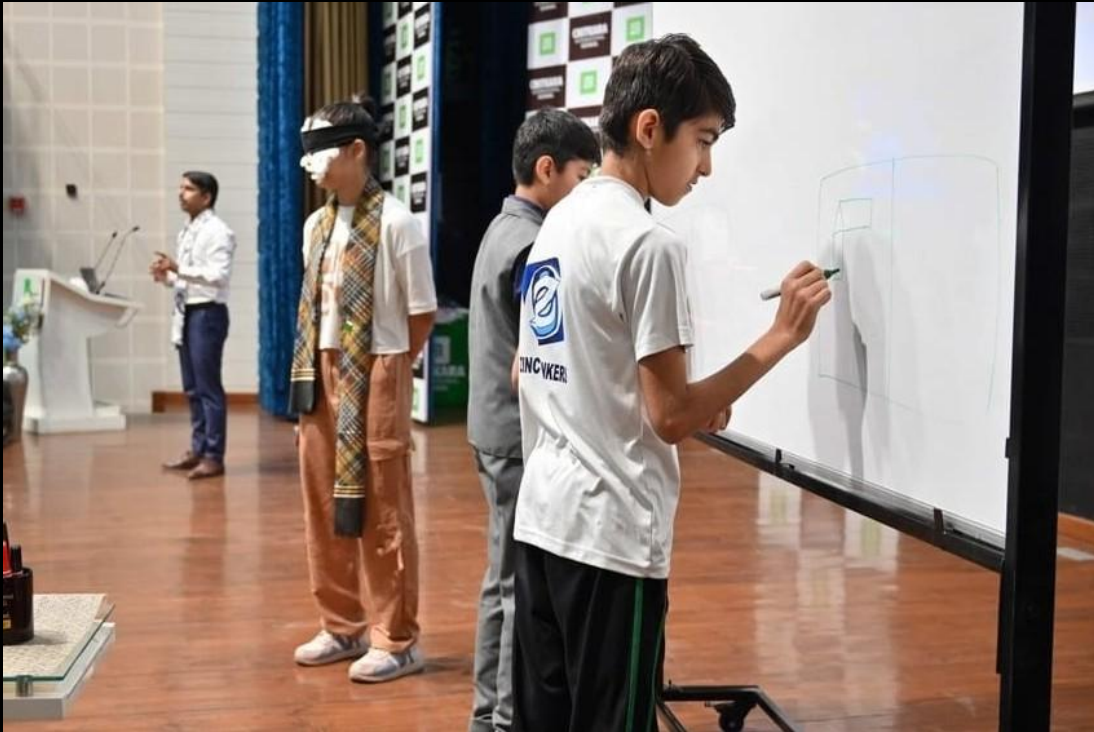
### 2 Workshop Highlights

- ✓ Understanding Neuro-Education
- ✓ Cognitive development & Effective Teaching Techniques.
- ✓ Special Techniques to Handle Below-Average Performers
- ✓ Emotional intelligence in teaching.



# BENEFITS FOR STUDENTS

## HOW STUDENTS BENEFIT



○ Mentally

Improved memory and focus

○ Emotionally

Better stress management

○ Physically

Enhanced health through Yoga and Pranayama.

○ Spiritually

Inner peace through Meditation and Vedic sciences.

# BENEFITS FOR INSTITUTIONS



WHY PARTNER WITH US?



1. **Enhanced Reputation:** Leader in holistic education.
2. **Research Opportunities:** Groundbreaking studies on mindfulness.
3. **Funding Generation:** Grants and corporate sponsorships.
4. **Global Impact:** Host international conferences.





# IMPLEMENTATION PLAN

We understand that making a decision to partner with an educational organization is a significant one. That's why we have developed a clear and collaborative process to ensure a successful and mutually beneficial partnership.

## Initial Consultation

## Workshop

An initial three-day workshop for students, furthermore a one-day workshop for parents

## Customized Proposal

## Memorandum of Understanding (MOU)

## Customizable Modules

### Module 1: 6 Months Program

(This module provides a focused introduction to our mind training programs, including teacher training and the implementation of memory lab concepts)

### Module 2: 1 Year Program

(This comprehensive module offers a deeper and more sustained engagement with our programs, providing ongoing support for teachers and students and ensuring lasting results. )

## Center of Excellence to implement implement NEP2020

## Training and Implementation

## Ongoing Support

# CALL TO ACTION

## JOIN US IN TRANSFORMING EDUCATION

The Wisdom of Mind Institute is dedicated to creating a positive impact on the educational landscape in India therefore the Wisdom of Mind Institute is committed to partnering with your school to create a Memory Lab that will transform the lives of your students. We invite you to contact us today to schedule an initial consultation and learn more about how we can help you unlock the full potential of your students.

### Contact Us:

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Institute of Mindfulness & behavioural Study